

May-June 2016

<b><i>Tai Chi for Arthritis - Instructor Three Week Rotation Schedule</i></b>						
<b>Assignment:</b>	<b>WEEK I</b>		<b>WEEK II</b>		<b>WEEK III</b>	
	<u>Tu</u> May 17	Th May 19	<u>Tu</u> May 24	Th May 26	<u>Tu</u> May31	Th June 2
<b>Lead *</b>	Rhoda/Ellie					
<b>Seated</b>	Rhoda					
<b>Beginners</b>	Ellie					
<b>Basic 6</b>	Rebel					
<b>Advanced</b>	Corinne					
<b>Final 9</b>	<u>Kel-Alvin</u>					
<b>Forty-on</b>	Lead	Susan				
	Point	Laraine				
Grace abs indefinitely						
* = Make announcements, lead warm up, open - setup- secure room. <u>Ileina</u> to co-teach with lead when in class.						
** = Back up for Beginners						
<i>Float instructor to help other instructors if needed. Stay with one group rather than moving around to different groups.</i>						